## Research Article

## International Journal of Cardiology and Cardiovascular Disorder

## Prevalence of Comorbidity among the Patients with Angina in a Divisional City of Bangladesh

Kazi Shamim Al Mamun ${ }^{1 *}$, Md. Moniruzzaman², Mohammad Ibrahim Chowdhury ${ }^{3}$, Ganesh Chandra Halder ${ }^{4}$, Saifuddin Mahmud ${ }^{5}$, A M M Rezaul Karim Mansur ${ }^{6}$, M M Alam Sadi${ }^{7}$, Md. Abdul Hamid Sagar ${ }^{8}$, Mohiuddin Humayun Kabir Chowdhury ${ }^{9}$, Alok Kumar Mandal ${ }^{10}$, Miah Wahiduzzaman ${ }^{11}$, Md Ariful Islam ${ }^{12}$ and Md. Rizwan Rehan ${ }^{13}$

${ }^{1}$ Senior Consultant, Clinical \& Intervention Cardiologist, Department of Cardiology, 250-bed District Sadar Hospital, Cox's Bazar, Chattogram, Bangladesh.
${ }^{2}$ Consultant, Department of Cardiology, Sheikh Fazilatunnessa Mujib Memorial KPJ Specialized Hospital, Dhaka.
${ }^{3}$ Associate Professor, Department of cardiology, Chattogram Medical College Hospital.
${ }^{4}$ Associate Professor, Department of Cardiology, Eastern Medical College, Cumilla.
${ }^{5}$ Junior Consultant (Medicine), Dohazari 31beded hospital, Chandanaish, Chattogram
${ }^{6}$ Associate Professor, Department of Medicine, Chattogram Medical College \& Hospital.
${ }^{7}$ Chief Consultant, Coronary Care Unit (CCU), Parkview Hospital Limited.
${ }^{8}$ Junior Consultant, Department of Cardiology, Chattogram Medical College Hospital.
${ }^{9}$ Associate Professor, Department of Medicine, Abdul Malek Ukil Medical College, Noakhali.
${ }^{10}$ Assistant Professor, Cardiology Department, Shaheed Sheikh Abu Naser Specialized Hospital, Khulna.
${ }^{11}$ Assistant Professor, Department of Medicine, Holy family Medical College \& Hospital and Chamber.
${ }^{12}$ Assistant Register, Department of Medicine, Rajshahi Medical College Hospital, Rajshahi, Bangladesh.
${ }^{13}$ Assistant Professor, Department of cardiology, Chattogram Medical College Hospital.
*Corresponding author
Dr. Kazi Shamim Al Mamun, MD,
Senior Consultant, Clinical \& Intervention Cardiologist, Department of Cardiology,
250 bed District Sadar Hospital, Cox's Bazar, Chattogram, Bangladesh.

Submitted : 9 Oct 2023 ; Published : 12 Dec 2023

Citation : Al Mamun, K. S. et al (2023). Prevalence of Comorbidity among the Patients with Angina in a Divisional City of Bangladesh. I J cardio \& card diso 4(4): 1-6.


#### Abstract

\section*{Introduction}

Bangladesh has experienced a significant increase in the presence of non-communicable chronic diseases and associated mortality and morbidity in the last few decades. Chest pain is a common complaint and reason for consultation among them. This study aimed to analyze the prevalence of comorbidity among patients with angina in a divisional city in Bangladesh.


## Method

This Prospective cross-sectional study was conducted at the Department of Emergency, Delta Health Care, Chittagong Ltd and CSCR (pvt) Ltd, Chattogram, Bangladesh. The study duration was January'20 to June'22. A total of 420 patients presenting in the emergency department were enrolled in this study following the inclusive criteria. Data were collected using the predesigned semi-structured questionnaire. A consecutive sampling technique was used. Data were processed and analyzed by SPSS version 20.0. Unpaired $t$-tests and Chi-square tests were performed to observe the association between the study variables, where $p<0.05$ was considered the level of significance with $95 \%$ CI. Verbal consent was taken before recruiting the study population. Ethical clearance of this study was taken from the Ethical Review Committee of Delta Health Care, Ctg. Ltd and CSCR Ltd, Chattogram. The information was kept confidential only to be used for the study purpose.

Result
In this study, most of the patients (123, 29.3\%) belonged to the age group of 50-59 years, with a minimum of 35 years and a maximum of 90 years of age. The mean age was $57.18 \pm 11.57$. most of the patients ( $222,52.9 \%$ ) were male and the rest were female with a male-to-female ratio of 1.1:1. 95 (31.6\%) patients from the 50-59 years age group, followed by, 82 (27.2\%) patients from the 60-69 years age group complained of chest pain among all the study subjects with male preponderance (169, 56.1\%). In contrast, 37 (31.1\%) patients from the 60-69 years age group did not experience chest pain, and female preponderance was seen in the patients who did not complain of chest pain. There was no significant association of chest pain with age distribution but with sex. The comorbid conditions were DM, HTN, IHD, CAD. Chest pain was present in 122 (40.5\%) and absent in 53 (44.5\%) diabetic patients, it was also present in 150 (49.8\%) and absent in 59 (49.6\%) patients with IHD. Chest pain was present in 94 (31.2\%) and absent in 37 (31.1\%) patients with CAD and present in 188 (62.5\%) absent in 77 ( $64.7 \%$ ) hypertensive patients as well. There was no significant association between the comorbidities and chest pain. There was no significant relation between blood pressure with chest pain.

## Conclusion

This study concluded that the mentioned comorbid conditions (DM, HTN, IHD, CAD, dyslipidemia) did not show any significant prevalence rate in patients with angina. However, some patients had one or more such conditions along with chest pain which was not statistically significant.

## Keywords : Angina, Comorbidity, DM, HTN, Dyslipidemia, CAD

Introduction
Coronary artery disease (CAD) is the leading cause of death in men and women worldwide and accounts for about a third of all deaths in women in the western world. (Javed et al., 2006) Comorbid health conditions such as heart disease, pulmonary disease, diabetes, and arthritis are commonly present in elderly patients. The diagnosis of cancer in the senior adult population is often made amidst the diagnosis or treatment of other medical conditions and geriatric syndromes (i.e., cognitive impairment, depression, polypharmacy secondary to multiple comorbidities). (Piccirillo et al., 2008) Approximately 8 million patients with chest pain present annually to emergency departments. Five million of this group are judged to have suspected acute coronary syndromes and are admitted to the hospital. (Storrow \& Gibler, 2000) The evaluation of patients presenting to the emergency department with chest pain is challenging for the clinician. Little objective evidence is available to differentiate patients presenting with coronary artery disease from those who have other causes of chest pain. The clinician must rely on the patient's description of chest discomfort; the presence or absence of symptoms such as nausea, vomiting, or diaphoresis; and the presence of risk factors for coronary artery disease to determine the diagnosis. (Gibler et al., 1995) Find-
ings on physical examination are usually normal in most lowrisk patients undergoing an ACS evaluation. However, certain findings can be useful for risk stratification and for determining symptom etiology. Important findings identifying high-risk patients include chronic heart failure (CHF) and hemodynamic instability (low blood pressure, elevated heart rate). Abnormal vital signs are recognized high-risk findings included in several scoring systems. (Kontos et al., 2010) The atypical presentation of many AMI patients can include symptoms such as nausea, shortness of breath, abdominal pain, syncope, and dizziness. Twenty-five percent of AMI patients may have no chest pain and are clinically silent. Because of missed diagnosis of at least $2 \%$ of AMI patients, inappropriate early discharge also results in significant morbidity and mortality. Unstable angina pectoris is another major cause of chest pain and is responsible for more than 750000 hospitalizations annually. (Kahn, 2000) Although not all MI patients exhibit the classic symptoms of chest pain, the extent to which this phenomenon occurs is largely unknown. (Canto et al., 2000) Important differences exist when clinical features are specifically investigated in patients with acute chest pain and a nondiagnostic electrocardiogram. Although clinical features have a limited role
to play in triage decision making. (Goodacre et al., 2002) The most frequent features are shortness of breath, abdominal pain, and dizziness. (Clark et al., 1989) This study aimed to analyze the prevalence of comorbidity among patients with angina in a divisional city in Bangladesh.

## Objective

General Objective

- To analyze the prevalence of comorbidity among patients with angina in a divisional city of Bangladesh.


## Specific Objectives

- To see the distribution of the study subjects by chest pain and presenting complaints.
- To see the distribution of the study subjects by comorbid disease
- To assess the descriptive Statistics of SBP, DBP, and pulse
- To know the association of chest pain with age and sex distribution of the study patients
- To know the association of comorbidities with chest pain among the study patients


## Methods

This Prospective cross-sectional study was conducted at the Department of Department of Emergency, Delta Health Care, Chittagong Ltd (Tertiary Care Hospital) and CSCR (pvt) Ltd (Hospital \& diagnostic centre), Chattogram, Bangladesh. The study duration was January'20 to June'22. A total of 420 patients presenting in the emergency department were enrolled in this study following the inclusion criteria. Data were collected using the predesigned semi-structured questionnaire. A consecutive sampling technique was used. Data were processed and analyzed by SPSS version 20.0. Unpaired t-tests and Chi-square tests were performed to observe the association between the study variables, where $\mathrm{p}<0.05$ was considered the level of significance with $95 \%$ CI. Verbal consent was taken before recruiting the study population. Ethical clearance of this study was taken from the Ethical Review Committee of Delta Health Care, Chattogram. The information was kept confidential only to be used for the study purpose.

## Inclusion Criteria

- Patients of 30-90 years of age and both sexes.
- Patients presenting with chest pain.
- Patients who had given consent to participate in the study.


## Exclusion Criteria

- Patients who did not give consent to participate in the study.


## Results

In this study, most of the patients (123, 29.3\%) belonged to the age group of 50-59 years, with a minimum of 35 years and a maximum of 90 years of age. The mean age was $57.18 \pm 11.57$. most of the patients $(222,52.9 \%$ ) were male and the rest were female with a male-to-female ratio of 1.1:1 [Table 1].

| Variables | N | $\%$ |
| :--- | :--- | :--- |
| Age group (years) |  |  |
| $30-39$ | 34 | 8.1 |
| $40-49$ | 73 | 17.4 |
| $50-59$ | 123 | 29.3 |
| $60-69$ | 119 | 28.3 |
| $70-79$ | 56 | 13.3 |
| $80-90$ | 15 | 3.6 |
| Mean $\pm$ SD <br> Range (min-max) | $57.18 \pm 11.57(35-9$ <br> Sex |  |
| Male | 222 | 52.9 |
| Female | 198 | 47.1 |
| Male: <br> ratio | Female | $1.1: 1$ |

Table 1: Age and sex distribution of the study subjects ( $\mathrm{N}=420$ )
Among the study respondents, most of the patients (301, $71.7 \%$ ) complained of chest pain. [Table 2]

| Chest pain | N | \% |
| :--- | :--- | :--- |
| Present | 301 | 71.7 |
| Absent | 119 | 28.9 |
| Total | 420 | 100.0 |

Table 2: Distribution of the study subjects by chest pain ( $\mathrm{N}=420$ )

Regarding presenting complaints, the maximum number of patients ( $345,82.1 \%$ ) experienced weakness, followed by, (169, $40.2 \%$ ) insomnia, ( $168,40 \%$ ) shortness of breath, ( $105,25 \%$ ), and cough. [Table 3].

| Presenting complaints | N | $\%$ |
| :--- | :--- | :--- |
| Palpitation | 64 | 15.2 |
| Cough | 105 | 25.0 |
| Bodyache | 13 | 3.1 |
| Fever | 14 | 3.3 |
| LBP | 48 | 11.4 |
| Loss of Appetite | 14 | 3.3 |
| Insomnia | 169 | 40.2 |
| Vertigo | 53 | 12.6 |
| Joint pain | 33 | 7.9 |
| Headache | 9 | 2.1 |
| Sweating | 9 | 2.1 |


| Oedema | 17 | 4.0 |
| :--- | :--- | :--- |
| Weakness | 345 | 82.1 |
| Dyspnea | 14 | 3.3 |
| Constipation | 21 | 5.0 |
| Abdominal Pain | 22 | 5.2 |
| Mouth ulcer | 4 | 1.0 |
| Neck pain | 24 | 5.7 |
| Anxiety | 17 | 4.0 |
| SOB | 168 | 40.0 |
| Br Asthma | 5 | 1.2 |

Table 3: Distribution of the study subjects by presenting complaints ( $\mathrm{N}=420$ )

Concerning comorbid diseases, the maximum number of patients (265, 63.1\%) had hypertension (HTN), followed by, (209, 49.8\%) ischemic heart disease (IHD), (175, 41.7\%) diabetes mellitus (DM), (131, 31.2\%) coronary artery disease (CAD), and (6, 1.4\%) dyslipidemia. [Table 4].

| Comorbid Disease | N | $\%$ |
| :--- | :--- | :--- |
| DM | 175 | 41.7 |
| HTN | 265 | 63.1 |
| IHD | 209 | 49.8 |
| CAD | 131 | 31.2 |
| Dyslipidemia | 6 | 1.4 |

Table 4: Distribution of the study subjects by comorbid disease ( $\mathrm{N}=420$ )

Considering SBP, DBP, and pulse, mean SBP was 127.6 mmHg with a minimum of 70 mmHg and a maximum of 200 mmHg , mean DBP was 81.4 mmHg with a minimum of 60 mmHg and a maximum of 110 mmHg , mean pulse rate was $81.6 \mathrm{~b} / \mathrm{m}$ with a minimum of $42 \mathrm{~b} / \mathrm{m}$ and a maximum of $130 \mathrm{~b} / \mathrm{m}$. [Table 5].

|  | N | Minimum | Maximum | Mean | SD |
| :--- | :--- | :--- | :--- | :--- | :--- |
| SBP <br> $(\mathrm{mmHg})$ | 420 | 70.0 | 200.0 | 127.6 | 17.3 |
| DBP <br> $(\mathrm{mmHg})$ | 420 | 60.0 | 110.0 | 81.4 | 8.5 |
| Pulse (beats/ <br> min) | 420 | 42.0 | 130.0 | 81.6 | 10.5 |

Table 5: Descriptive Statistics of SBP, DBP, and pulse ( $\mathrm{N}=420$ )

95 (31.6\%) patients from the 50-59 years age group, followed by, 82 (27.2\%) patients from the 60-69 years age group complained of chest pain among all the study subjects with male preponderance ( $169,56.1 \%$ ). In contrast, 37 (31.1\%) patients from the 60-69 years age group did not experience chest pain, and female preponderance was seen in the patients who did not complain of chest pain. There was no significant association of chest pain with age distribution but with sex. [Table 6].

| Variables | Chest pain |  | p-value |
| :---: | :---: | :---: | :---: |
|  | $\begin{aligned} & \text { Present (n=301) } \\ & \text { No. (\%) } \end{aligned}$ | $\begin{aligned} & \text { Absent (n=119) } \\ & \text { No. (\%) } \end{aligned}$ |  |
| Age group (years) |  |  |  |
| 30-39 | 22(7.3\%) | 12(10.1\%) | 0.597 |
| 40-49 | 49(16.3\%) | 24(20.2\%) |  |
| 50-59 | 95(31.6\%) | 28(23.5\%) |  |
| 60-69 | 82(27.2\%) | 37(31.1\%) |  |
| 70-79 | 46(15.3\%) | 10(8.4\%) |  |
| 80-90 | 7(2.3\%) | 8(6.7\%) |  |
| Total | 301(100.0\%) | 119(100.0\%) |  |
| Mean $\pm$ SD | $57.4 \pm 11.2$ | $56.7 \pm 12.5$ |  |
| Sex |  |  |  |
| Male | 169(56.1\%) | 53(44.5\%) | 0.032* |
| Female | 132(43.9\%) | 66(55.5\%) |  |
| Total | 301(100.0\%) | 119(100.0\%) |  |

The p-value obtained by Unpaired t-test and Chi-square test, *significant ( $\mathrm{p}<0.05$ )
Table 6: Association of chest pain with age and sex distribution of the study patients ( $\mathrm{N}=420$ )

Chest pain was present in $122(40.5 \%)$ and absent in 53 ( $44.5 \%$ ) diabetic patients, it was also present in 150 (49.8\%) and absent in 59 (49.6\%) patients with IHD. Chest pain was present in 94 ( $31.2 \%$ ) and absent in 37 (31.1\%) patients with CAD and present in 188 (62.5\%) absent in 77 (64.7\%) hypertensive patients as well. There was no significant association between the comorbidities and chest pain. [Table 7].

| Variables | Chest pain |  | p -value |
| :--- | :--- | :--- | :--- |
|  | Present (n=301) <br> No. (\%) | Absent(n=119) <br> No. (\%) |  |
| Dyslipidemia | $3(1.0 \%)$ | $3(2.5 \%)$ | 0.236 |
| DM | $122(40.5 \%)$ | $53(44.5 \%)$ | 0.453 |
| IHD | $150(49.8 \%)$ | $59(49.6 \%)$ | 0.963 |
| CAD | $94(31.2 \%)$ | $37(31.1 \%)$ | 0.978 |
| HTN | $188(62.5 \%)$ | $77(64.7 \%)$ | 0.667 |
| p-value obtained by Chi-square test, *significant (p<0.05) |  |  |  |

p-value obtained by Chi-square test, *significant (p<0.05)
Table 7: Association of comorbidities with chest pain among the study patients $(\mathrm{N}=420)$

There was no significant relation between blood pressure with chest pain. [Table 8]

| Variables | Chest pain |  | p-value |
| :--- | :--- | :--- | :--- |
|  | Present $(\mathrm{n}=301)$ <br> Mean $\pm$ SD | Absent $(\mathrm{n}=119)$ <br> Mean $\pm$ SD |  |
| SBP | $127.9 \pm 17.9$ | $127.1 \pm 15.5$ | 0.655 |
| DBP | $81 . \pm 1 \pm 8.5$ | $82.3 \pm 8.6$ | 0.192 |

p-value obtained by Unpaired t-test, *significant ( $\mathrm{p}<0.05$ )
Table 8: Relation of blood pressure with chest pain of the study patients ( $\mathrm{N}=420$ )

## Discussion

In the present study, 95 (31.6\%) patients from the 50-59 years age group, followed by, $82(27.2 \%)$ patients from the $60-69$ years age group complained of chest pain among all the study subjects with male preponderance ( $169,56.1 \%$ ). In contrast, 37 ( $31.1 \%$ ) patients from the $60-69$ years age group did not experience chest pain, and female preponderance was seen in the patients who did not complain of chest pain. There was no significant association of chest pain with age distribution but with sex. A study by Hisa RY stated that, when stratified by age group, the prevalence of serious diagnoses increased with increasing age. (Hsia et al., 2016) Another author assessed whether the association of risk factors for developing CVD would be modified by age category. Over a mean followup of 1133 days, 6315 myocardial infarctions, 56447 angina pectoris, 28079 strokes, and 56369 HF events were recorded. Each participant was categorized as aged 20 to 49 years, 50 to 59 years, and 60 to 75 years. The relative risk reduction of hypertension in heart disease decreased from $59.2 \%$ in participants aged 20 to 49 years to $38.1 \%$ in those aged 60 to 75 years. (Kaneko et al., 2023) Concerning comorbid diseases, the maximum patients (265, 63.1\%) had hypertension (HTN), followed by, ( $209,49.8 \%$ ) ischemic heart disease (IHD), ( $175,41.7 \%$ ) diabetes mellitus (DM), (131, 31.2\%) coronary artery disease (CAD), and (6, 1.4\%) dyslipidemia. Hypertension was diagnosed in 150 (79.8\%) patients with IHD, atrial fibrillation- in 45 (23.9\%), diabetes mellitus - in 36 (19.1\%), 11 (5.8\%), obliterating atherosclerosis- in 11 (5.8\%). (Didenko et al., 2016) In another study, CAD was present in $38 \%$ of patients. Of the total cohort, $17 \%$ had a history of myocardial infarction and $23 \%$ had angina. Several conventional risk factors, including advancing age, male gender, diabetes mellitus, and smoking, were significantly associated with CAD. (Stack \& Bloembergen, 2001) Among the study respondents of the present study, most of the patients (301, 71.7\%) complained of chest pain. In a study by Canto, of all patients, diagnosed as having MI, $142,445(33 \%)$ did not have chest pain on presentation to the hospital. This group of MI patients was, on average, 7 years older than those with chest pain ( 74.2 vs 66.9 years), with a higher proportion of women ( $49.0 \%$ vs $38.0 \%$ ) and patients with diabetes mellitus ( $32.6 \%$ vs $25.4 \%$ ) or prior heart failure ( $26.4 \%$ vs $12.3 \%$ ). (Canto et al., 2000) Both type 1 and type 2 diabetes increase the risk of coronary artery disease (CAD). The reasons underlying this are largely unknown, although renal disease and the standard CAD risk factors seem important. The role of glycemic control is controversial; two studies suggest a little relationship to CAD, although others report such an association. (Orchard et al., 2023) However, these comorbid conditions (DM, HTN, IHD, CAD, dyslipidemia) did not show any significant prevalence rate in patients with angina in this current study. Although chest pain was present in 122 (40.5\%) and absent in $53(44.5 \%)$ diabetic patients, it was also present in $150(49.8 \%)$ and absent in 59 (49.6\%) patients with IHD. Chest pain was present in 94 (31.2\%) and absent in 37 (31.1\%) patients with CAD and present in 188 (62.5\%) absent in 77 ( $64.7 \%$ ) hypertensive patients as well in this study. Extensive epidemiological research has established diabetes, smoking, hyperlipidemia, and hypertension as independent risk factors
for future cardiac events. Because of the strength of the evidence supporting their role in the pathogenesis of CHD, these 4 risk factors have often been labeled as "conventional" risk factors. (Khot et al., 2003) However, Hypertension (26\%) and Diabetes Mellitus (15\%) were the two most common co-existing pathologies, along with Stroke, Respiratory Disease, and Renal Disease. (Hasan et al., 2013).

## Limitations of The Study

The study was conducted in a single hospital with a small sample size. So, the results may not represent the whole community.

## Conclusion

This study concluded that the mentioned comorbid conditions (DM, HTN, IHD, CAD, dyslipidemia) did not show any significant prevalence rate in patients with angina. However, some patients had one or more such conditions along with chest pain which was not statistically significant.

## Funding

No funding sources

## Conflict of Interest

None Declared

## Ethical Approval

The study was approved by the Institutional Ethics Committee

## Recommendation

Improvement of emergency care along with lifestyle modification is essential to minimize the burden of cardiac emergencies in Bangladesh. Moreover, further studies should be conducted involving a large sample size and multiple centers.

## References

1. Javed, A., Aziz, S., \& Raza, A. (2006). Prevalence of cad in females with hypertension and diabetes millitus presenting with chest. Pakistan heart journal, 39(1-2), 9-12. Retrieved from https://pesquisa.bvsalud.org/portal/re-source/pt/emr-200414
2. Piccirillo, J. F., Vlahiotis, A., Barrett, L. B., Flood, K. L., Spitznagel, E. L., \& Steyerberg, E. W. (2008). The changing prevalence of comorbidity across the age spectrum. Critical reviews in oncology/hematology, 67(2), 124-32. DOI: https://doi.org/10.1016/j.critrevonc.2008.01.013
3. Storrow, A. B., \& Gibler, W. B. (2000). Chest pain centers: diagnosis of acute coronary syndromes. Annals of emergency medicine, 35(5), 449-61. Retrieved from https://pubmed.ncbi.nlm.nih.gov/10783407/
4. Gibler, W. B., Runyon, J. P., Levy, R. C., Sayre, M. R., Kacich, R., Hattemer, C. R., Hamilton, C., Gerlach, J. W., \& Walsh, R. A. (1995). A rapid diagnostic and treatment center for patients with chest pain in the emergency department. Annals of emergency medicine, 25(1), 1-8.
DOI: https://doi.org/10.1016/s0196-0644(95)70347-0
5. Kontos, M. C., Diercks, D. B., \& Kirk, J. D. (2010). Emergency department and office-based evaluation of patients with chest pain. In Mayo Clinic Proceedings, 85(3), 284299. DOI: https://doi.org/10.4065\%2Fmcp.2009.0560
6. Kahn, S. E. (2000). The challenge of evaluating the patient with chest pain. Archives of pathology \& laboratory medicine, 124(10), 1418-9. DOI: https://doi.org/10.5858/2000-124-1418-tcoetp
7. Canto, J. G., Shlipak, M. G., Rogers, W. J., Malmgren, J. A., Frederick, P. D., Lambrew, C. T., Ornato, J. P., Barron, H. V., \& Kiefe, C. I. (2000). Prevalence, clinical characteristics, and mortality among patients with myocardial infarction presenting without chest pain. Jama, 283(24), 3223-9. DOI: https://doi.org/10.1001/jama.283.24.3223
8. Goodacre, S., Locker, T., Morris, F., \& Campbell, S. (2002). How useful are clinical features in the diagnosis of acute, undifferentiated chest pain?. Academic Emergency Medicine, 9(3), 203-8.
DOI: https://doi.org/10.1111/j.1553-2712.2002.tb00245.x
9. Clark, L. T., Adams-Campbell, L. L., Maw, M., Bridges, D., \& Kline, G. (1989). Clinical features of patients with acute myocardial infarction presenting with and without typical chest pain: an inner city experience. Journal of the Association for Academic Minority Physicians, 1(1), 29-31. Retrieved from https://pubmed.ncbi.nlm.nih. gov/2520850/
10. Hsia, R. Y., Hale, Z., \& Tabas, J. A. (2016). A national study of the prevalence of life-threatening diagnoses in patients with chest pain. JAMA internal medicine, 176(7), 1029-32. DOI: https://doi.org/10.1001/jamainternmed.2016.2498
11. Kaneko, H., Yano, Y., Okada, A., Itoh, H., Suzuki, Y., Yokota, I., Morita, K., Fujiu, K., Michihata, N., Jo, T., Yamaguchi, S., Takeda, N., Morita, H., Node, K., Yamauchi, T., Nangaku, M., Kadowaki, T., McEvoy, J. W., Lam, C. S. P., Yasunaga, H., \& Komuro, I. (2023). Age-Dependent Association Between Modifiable Risk Factors and Incident Cardiovascular Disease. Journal of the American Heart Association, 12(2), e027684.
DOI: https://doi.org/10.1161/jaha.122.027684
12. Didenko, D., Rasputina, L., Mostovoy, Y., \& Cherepii, N. (2016). Comorbidity in patients with IHD-the prevalence of COPD. European Respiratory Journal 48(suppl 60), 1119. DOI: http://dx.doi.org/10.1183/13993003.con-gress-2016.PA1119
13. Stack, A. G., \& Bloembergen, W. E. (2001). Prevalence and clinical correlates of coronary artery disease among new dialysis patients in the United States: a cross-sectional study. Journal of the American Society of Nephrology, 12(7), 1516-23. DOI: https://doi.org/10.1681/asn. v1271516
14. Canto, J. G., Shlipak, M. G., Rogers, W. J., Malmgren, J. A., Frederick, P. D., Lambrew, C. T., Ornato, J. P., Barron, H. V., \& Kiefe, C. I. (2000). Prevalence, clinical characteristics, and mortality among patients with myocardial infarction presenting without chest pain. Jama, 283(24), 3223-9. DOI: https://doi.org/10.1001/jama.283.24.3223
15. Orchard, T. J., Olson, J. C., Erbey, J. R., Williams, K., Forrest, K.Y., Smithline Kinder, L, Ellis, D., \& Becker, D. J. (2003). Insulin resistance-related factors, but not glycemia, predict coronary artery disease in type 1 diabetes: 10 -year follow-up data from the Pittsburgh Epidemiology of Diabetes Complications study. Diabetes care, 26(5), 1374-9. DOI: https://doi.org/10.2337/diacare.26.5.1374
16. Khot, U. N., Khot, M. B., Bajzer, C. T., Sapp, S. K., Ohman, E. M., Brener, S. J., Ellis, S. G., Lincoff, A. M., \& Topol, E. J. (2003). Prevalence of conventional risk factors in patients with coronary heart disease. Jama, 290(7), 898-904. DOI: https://doi.org/10.1001/jama.290.7.898
17. Hasan, S. M., Khan, H. L., Chowdhury, A. W., Sabah, K. M., \& Ekram, M. R. (2013). Prevalence and Pattern of Cardiac Emergencies in a Tertiary Care Hospital of Bangladesh. Bangladesh Critical Care Journal, 1(1), 23-6. DOI: http://dx.doi.org/10.3329/bccj.v1i1.14361.

Copyright: ©2023 Kazi Shamim Al Mamun. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

