

Collaboration with Disrespectful People Worsens Heart Health

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Email: bistriss@hotmail.com**Submitted:** 1 Mar 2026; **Accepted:** 13 Mar 2026; **Published :** 27 Mar 2026**Citation:** Bistriceanu, S.(2026). Collaboration with Disrespectful People Worsens Heart Health. *I J cardio & card diso*; 7(1):1-1. DOI : <https://doi.org/10.47485/2998-4513.1055>**Abstract****Background**

People's interactions are a key driver in shaping individual life paths. How they interact, the quality of their product or service exchange, and prices influence the evolution of their relationship, ultimately affecting their health.

Aim

Highlight how poor-quality services, combined with inflated prices, negatively impact heart health.

Materials and Methods

A retrospective observational study conducted by the author in the community in 2026, examining how human relationships worsen health.

Findings

One day in the winter of 2026, an 82-year-old patient visited a medical center with worsening heart function over the past 12 hours. He had recently been disappointed by the poor quality of the services he had required to modernize his bathroom, the inflated prices, and his overall generosity. Blood pressure was elevated at 186/116, and heart rate was 117/min.

Patient Health History

Arterial hypertension: 2002

Patient's Family Health History

Parents, brothers: arterial hypertension

Action Taken

The physician managed the situation with medication, then reviewed the previous drug treatment, which had been correctly established by the cardiologist. She asked the patient about his activities in the last few days. The patient expressed distress with a provider's services, as he required. The medical team initiated supportive actions: understanding, encouragement, awareness of the need for further investment when selecting collaborators, checking the offerings list for appropriate prices, advice from loved ones, and so on.

Results

The patient's blood pressure and heart rate normalized after adjusting the drug treatment to the blood pressure and heart rate values. Patient's satisfaction with the medical team's actions noted.

Conclusion

Interpersonal dynamics between people in a relationship, the quality of services, and the prices in this exchange influence heart function.

Providers must align the quality of their services with their prices and promote professional attitudes toward buyers. Misalignment of these variables leads to disapproval from the giver, ultimately worsening heart function.

Discussion/Implication

Each person interacts with others to sell their goods or services and to buy other products as needed, since no one can own and produce everything. How they do so influences their life path. People in a relationship must act ethically to avoid harming others. Disrespectful relationships erode trust, weaken collaboration, and alter people's lives, including heart function.

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