Case Report

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The Maternal Reflection in Autism: A Homeopathic Journey with a Bird Remedy

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Abstract

Autism Spectrum Disorder (ASD) is a complex neurodevelopmental condition characterized by difficulties in social communication, restricted and repetitive behaviours, sensory abnormalities, and associated developmental challenges [1]. This chapter presents the homeopathic management of a two-and-a-half-year-old boy diagnosed with ASD with ADHD, who exhibited delayed speech, poor social interaction, absent response to his name, repetitive jumping, hyperactivity, possessiveness, violent outbursts, disturbed sleep, sensory peculiarities, and marked attraction to water. During case analysis, particular attention was given to the child's individual symptoms as well as the emotional and psychological state of the mother before and during pregnancy. The maternal history revealed emotional rejection of the pregnancy, disappointment regarding the gender of the child, feelings of betrayal, and significant internal conflict. Although Falcon peregrinus ranked low in repertorization, it was selected on the basis of the totality and the individualizing significance of the child's symptoms together with the maternal emotional narrative. Progressive improvement was observed during follow-up, including gains in speech, language comprehension, social interaction, behavioural regulation, and adaptive functioning. Serial developmental assessments showed substantial clinical improvement, with the Childhood Autism Rating Scale (CARS) score moving from the autistic range to the "No to Minimal Symptoms" category [2]. This case emphasizes the importance of individualized case analysis and clinical judgment beyond numerical repertory ranking, while illustrating the possible relevance of maternal emotional history in understanding the broader context of a child's presentation. As a single case report, these observations cannot establish the efficacy of homeopathy; however, they demonstrate the value of detailed individualization and longitudinal assessment in clinical practice [3].

Keywords: Autism Spectrum Disorder, ADHD, *Falcon peregrinus*, bird remedies, individualized homeopathy, maternal emotional history, CARS, developmental disorders.

Case Presentation

A mother consulted me for her 2 and half year's son. He was a diagnosed case of Autism and ADHD.

Mother Said-He born 3-4 weeks early. Premature. I suffered from bleeding hence LSCS was performed. His birth weight was 3 kgs. Pediatrician said his development will be sluggish. I couldn't breast fed him due to lack of milk. Dentition and walking was normal for the age. He has speech issues, can utter the word papa but doesn't understand the relation. For him 'papa' is just a word. He doesn't call me mom, points finger to an object if he wants it but couldn't speak. Till the age of 18 months, he was able to talk, gradually lost his speech.

When he was 2 & 1/2 years old, relatives told me that he is not responding well, I thought he is deaf. If we call him by his name, Shaurya, he doesn't respond. If I ask something interested to him, he answers, for ex. Sonu, do you want chocolate? He says yes. Once there was thunderstorm but he was absolutely fine and laughing. No fear at all. He doesn't understand the risk factor. He is restless, cannot sit at one place and does not sleep. Jumps 1000-2000 times/day

He jumps in bed for hours! He wants us to watch and clap/ cheer for him. Wants open places. Hurts people by throwing things. He is comfortable only with gents not with ladies. Doesn't respond if we call him. Cannot express if needs anything, cannot talk about pee, if I ask him, he says yes but will never tell by himself. Passes stool in panty, cannot unbutton the pant.

He becomes destructive if things go against his wish, tears paper. He broke TV set.
If his sister comes to me, he bites her.
He feels that – Its ONLY MY mother!

Sleep Restless! Constant moving in bed. He sucks thumb as soon as sees blanket. Sometimes put blanket on his sister's body and sleeps on that.

He is irritable. Banging head on floor at any contradiction, crying for hours, likes spicy food. Loves to play in water even watering the plants in garden.

Stool occasionally hard.
Excessive Thirst. He may drink small or large quantity, drinks even during sleep.
His Vertex and forehead sweats a lot. His neck wet when he wakes up.

Family History

Elder sister- Normal
Father- Introverted, talking to himself, lack of confidence

H/o mother during pregnancy

She said – My first daughter was a big trouble hence I was not ready for the second child. Family wanted it badly; they compelled me to be pregnant. It was like Dracula sitting on my neck all the time; ultimately, I surrendered and kept pregnancy. For me it was like a blind jump in a well. I feel to give birth is not enough. Anybody can do this but to raise child well is important. We should physically and mentally fit for this. I was diagnosed with thyroids during this pregnancy and I tented to do absurd things like I watched the ghost movies, porn movies and sex videos. Never did this before.

I was disappointed with the birth of son. I wanted a daughter. I hate boys. I feel boys are not good. After marriage, when I came to know about my husband's bizarre behavior, his real age and real job which they hid from us, I felt hurt, betrayed. It was shameful.

During pregnancy, I was not happy not sad, just neutral.

Rubrics Considered

MIND - SPEECH - inarticulate
MIND - TACITURN - mutism - children; in
MIND - FEARLESS
MIND - JUMPING - children; in
MIND - FLATTERED - desire to be
MIND - EXPRESSING oneself - cannot express oneself
MIND - ANGER - contradiction; from
MIND - POSSESSIVENESS
MIND - IRRITABILITY - contradiction; from - slightest; at
MIND - WATER - loves
MIND - JUMPING - impulse to jump
HEAD - PERSPIRATION of scalp
NECK - PERSPIRATION
STOMACH - THIRST - extreme
STOOL - HARD
SLEEP - RESTLESS - bodily restlessness, from
GENERALS - FOOD and DRINKS - spices - desire
GENERALS - ENERGY - excess of energy - children; in

Many remedies like Sulphur, Phosphorus, Agaricus, Tarentula his., Ignatia, Sepia, Lycopodium, Stramonium etc. came up.

None of the above remedy covered gross rubrics. In such condition, we usually put nosode but there was no history of toxin exposure during pregnancy, hence ruled out.

Analysis and Evaluation

During the interview, I realized that I was sitting before a deeply disappointed woman who had carried the pregnancy against her wishes. She had struggled to accept the pregnancy and, even after delivery, found it difficult to accept the child because he was a boy. Yet, years later, she came to me with her autistic child carrying a ray of hope.

My therapeutic aim was therefore not limited to the child's presenting complaints. I was looking for a remedy that could encompass the **child's present symptomatology as well as the mother's emotional state before and during pregnancy.**

Interpretive note: The mother's account is presented as part of the family's psychosocial context and the practitioner's case analysis. It should not be interpreted as evidence that maternal emotions, rejection of pregnancy, or disappointment about a child's sex causes autism. Autism is a complex neurodevelopmental condition, and this single case cannot establish such a causal relationship [1, 3].

Prescription

Falcon peregrinus 1M – one dose

Rationale for Remedy Selection

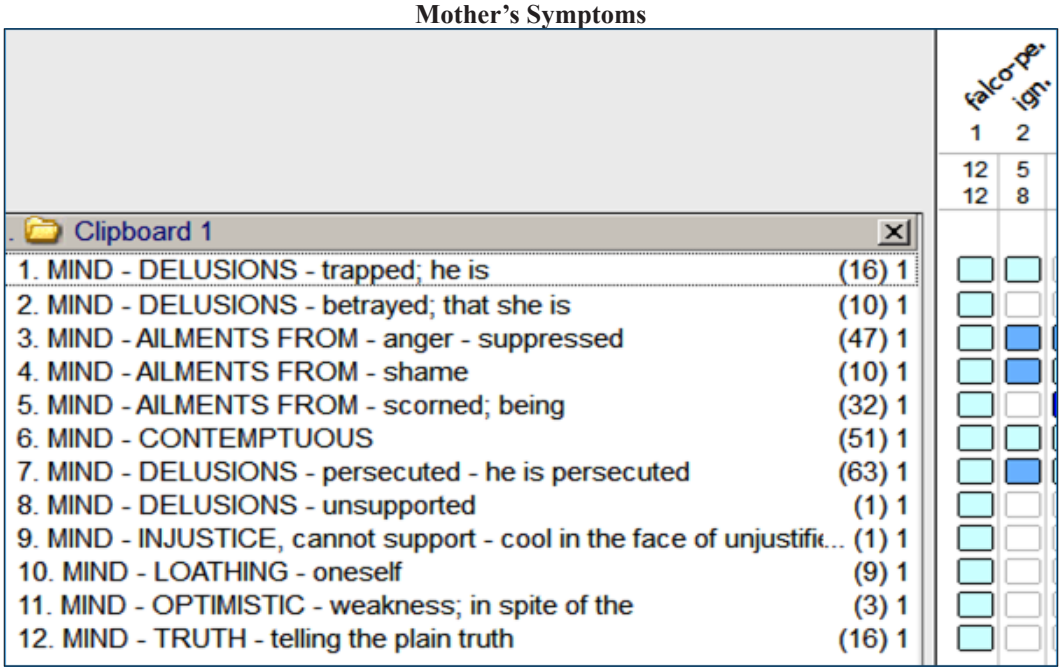
In the repertorization, *Falcon peregrinus* stood at 50th position and therefore did not appear among the leading remedies. However, when I applied the "**Graphical Results by Strategy**" filter in RADAR, *Falcon peregrinus* emerged alongside *Anacardium* and *Aurum metallicum* among the smaller remedies.

In clinical practice, polychrest remedies often cover a broad range of common symptoms because of their extensive symptomatology. In contrast, **smaller remedies may become valuable when they correspond to unusual, characteristic, and highly individualizing features of a case**.

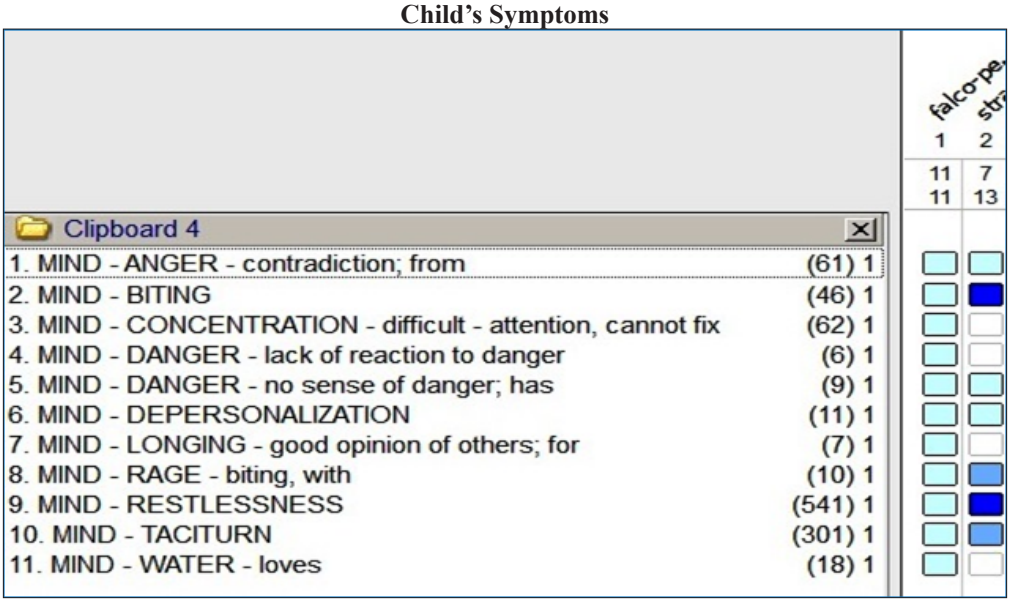
In this case, *Falcon peregrinus* provided the most meaningful correspondence to the combined picture of the **child and the maternal emotional background.** This was the decisive factor in its selection rather than its numerical position in the repertorization.

My long experience with children on the autism spectrum has taught me that, while analysing such cases, **we should not look at the child in isolation. We must also observe the emotional world of the mother—and often, we find a reflection of the mother in the child and the child in the mother**.

Mother's Symptoms



Child's Symptoms



Peregrine Falcons are courageous, strong and extremely agile birds.

'There needs to be more freshness and more air and space around.'

Follow up after 8 days

Mother said, we took him to a doctor yesterday night as he was shouting, crying, injuring himself. We couldn't hold him. He caught fever since Saturday for that we gave him allopathic medicine.

Prescription

Falcon peregrinus 1M one aqua dose as parents broke the action of remedy with other medication.

Follow up after one month

Mother said, he learnt new words and making sentence. He used to call 'natat' to 'light' but now using meaningful word, keeping shoes at proper place and unwashed clothes in laundry bag.

Me-Could you give me example about his sentence making? He makes two-words sentence like 'you eat'…I eat. I drink... etc.

Prescription

Placebo.

Follow up after 3 months

Mother said- Now he is saying 'No' to the things which he is not willing to do, making three words sentence like -I am going out.

He is composing sentence, recognizing things and his speech is clear.

Prescription
Placebo.

Follow up after six months
Mother said- he still playing in water, if I try to pull him out, he relaxes his body (becomes loose) and then throws out the things.

He wants to plant water 10-15 times so that he can stay in water.

Me-Did your doctor anytime tell you that you have inadequate water in uterus during pregnancy?
No.
Sonu born with L. S. C. S. It was breech presentation
Me.-when he born, was his neck surrounded by umbilical cord?
Yes.
(I wanted to confirm about oligohydramnios as the remedy Amniotic fluid struck my mind)

Prescription
Falcon peregrinus 1M one aqua dose given.

His Cars test done, it shows the score 29, which means No to Minimal autism.

Follow up after 8 months
Mother said- last month, we did his CARS test, he answered all questions and sat for half an hour at one place.

The therapist said, he is the first patient who sat for such a long-time during test.

I didn't tell him that we are on homeopathic treatment.

Me.-Why?
Mo.-Just…didn't tell him
Me.-You should tell him that you are on homeopathic treatment for six months
Mo.-Ok. I will.

Father said-Now a day, he understands if we discuss anything. He puts his input, for ex. we did not want to visit his cousin, I told my daughter that she is out of town, he interrupted and said that shrau didi (cousin) is not at home.

How much improvement did you observe after homeopathic medicine?

Around 50%
Me- we started treatment at 16th august 2021 and today is 15th March 2022, almost seven months.
How much improvement you feel now?
He is not so matured yet. He is speaking well, his vocabulary improved, he understands everything!
He listens and follow the commands.
Me to mother- you just went for his CARS test…what is the report?

His Autism level is none to minimal, means even less than mild!
Me- He has ADHD too, hence hyperactive. Autism is nill now.
Mo.-Yes autism is nill now. His therapist said the same.

Prescription
Falcon peregrinus 10 M one aqua dose given to speed up the recovery.

Follow up after 9 months
Mother said- He can speak everything even complex sentence too with crystal clear speech. He is going to school. Sitting there for 2 hours in continuity which he previously never did. He is comfortable with female teachers and learnt 3 poems in these 10 days.

Teacher said, he catches tune first and then words.
Now he is strong in using CLEAR words.
He throws things but as a play not to injure anyone, no biting, no spitting.

Prescription
Placebo.

Follow up after 10 months
Mother said-His head banging increased, shakes his neck in a strange way, spitting badly.
Dr- From how long it increased?
Mo.- I was thinking what happened suddenly, the therapist also asked the same. It began after taking polio shot.
He is obstinate and crying a lot! Rolling on floor if contraindicated.
If I do not listen him, he cries, bites and banging head, injuring others.
Dr.-Are you sure polio shot given in last week is responsible for this?
Mo.-YES!

Prescription
Carcinosin 200 one dose.
I considered the below rubrics-
GENERALS - VACCINATION; ailments after - children; in
Carc.
GENERALS - VACCINATION; ailments after - reaction; severe
Carc.
Polio shot disturbed him on mental plane. Emotional turmoil was the outcome.

Follow up after 11 months
Mother said- he is calm and quite now. No temper tantrums.
Me- we started his medication 10 months back. In the beginning, you complained something about his hairs. What was that?

Mo.-His hairs were like plastic, used to feel artificial and shining.
Now they are 90% better.
Me- How do you feel when you touch his hairs?
They are soft now and normal now.
His speech is excellent, talking well, wants good and tasty food, asking for pickles, papad, fried chilly…
He has good sense of taste!

Prescription
Placebo.

His recent Communication DEALL developmental checklist confirmed a lot progress. The checklist result is reported as documented in the clinical record; the instrument, scoring method, and assessor should be specified for independent interpretation.

The overall score was 87.76%

Take away
Patient is still under my medication. I just prescribe for acutes. This single case report describes a temporal association between treatment and reported changes; it cannot establish that homeopathy caused the changes. Homeopathy has limited reliable evidence of effectiveness for specific health conditions, and it should not replace evidence-based developmental assessment, therapies, or appropriate medical care [3, 4].

It is important to know where to stop.
Don't forget, homeopathic medicines can create the disorders which they are efficient to cure!

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